



ELIM FAITH COMMUNITY NURSE CONNECTION

September 2017

Joanne Hall, Director of Elim Care Faith Community Nursing

"Helping you to help others"

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You are the salt of the earth. — Matthew 5:13

Jesus told His followers they were the salt of the earth. This was an obvious metaphor for how they should impact the world around them. Salt has many different uses. First, salt preserves food. Before refrigeration, people salted foods, which made them last significantly longer than they did when left unsalted. Salt also adds flavor to foods. Many foods would be bland and — to some — inedible without salt. So, adding salt makes dishes more palatable.

What does it mean when Jesus calls you to be the salt of the earth? Jesus uses those who love and follow Him to help preserve this fallen world that has turned its back on Him. Jesus also uses you to spread the Word in a way that is easier for others to understand, easier for them to hear and digest, by adding flavor and depth to your words as you share the gospel. Salt brings out distinct flavors in food, just as believers can bring out the words of God to impact listeners in a positive way. Those who know Jesus, radiate His joy, and share His love add flavor to the world. Look for ways today to be the salt of the earth in your words and actions.

Excerpted with permission from [The Red Letter Words](#) of Jesus by Jack Countryman

Faith Community Nursing News to Share:

Elim Care FCN Prayer and Care Ministry met on August 23 at the Elim Care Corporate Office: We shared a salad lunch, FCN ministry updates, devotions and discussed “Prayer for Physical Healing” from John Eldredge’s book, *Moving Mountains*.

Pam D’Andre, RN, FCN, EFCA Reach Global missionary in Kiev, shares about the FCN training seminar starting the end of September:

Mary Martin, FCN at Oxlip EFC, Isanti, MN and FCN Advisory Board member, will be traveling to Kiev to help with this seminar. A new dimension to the seminar will be videotaping the lectures and posting them on a website for educational purposes. The hope is more students will be able to "attend" without the expense of travel to the capitol city of Kiev. **Contributions toward the purchase of necessary video/computer equipment or sponsoring a participant for the seminar are appreciated. They do not charge participants anything, but do raise \$100 for each one.** They would like to purchase a small microphone, video camera and a small laptop for the seminars.

Marcia Flom, former Elim FCN Coordinator, shares she and her husband, Denny, are praying about taking a small team of nurses to the Dominican Republic next year. If this is of interest, please let me know and I will pass your interest along to Marcia.

Mark your calendars now!

Metro Area events

- **September 8: Arden Woods Psychological Services Friday Forum -“Taking a NAP (Non-Anxious Presence) Into Conflict and Chaos”** Location: Salem Covenant Church, 2655 5th St. NW (1/2 mile south of 694 on Silver Lake Rd.), New Brighton, MN 55112 Phone: 651-633-6915
Date & Time: Friday September 8, 2017 at 8:30 - 10:00 a.m. Cost: Free
- **September 11-12, 2017 NCD EFCA Encore Fall Retreat, Camp Shamineau**
- **FCN Partnership of Central MN presents:** “A Transitional Care Model Using Faith Community Nurses” by Deborah Ziebarth, MSN ED, RN, PhD(c), Dept. Chair of Nursing at Herzing University, on **September 12, 2017** at Church of St. Joseph Heritage Hall in St. Joseph, MN. 9:30am-3:30 pm. Flyer is attached.
- **Sept. 18 10 am – noon:** Lyngblomsten is offering an Older Adult Ministry Forum at Lyngblomsten 1415 Almond Ave St Paul, MN. “Am I Really Listening? Becoming a Purposeful Listener” Presenter: Barb Schwery, Executive Director, Befriender Ministry **(flyer attached)**

- **September 27- Elim FCN Network Gathering at Elim Care Office in Eden Prairie**
- **October 3-4, 2017 NCD EFCA Fall Teaching Conference, (NOTE: Tues-Wed) Camp Shamineau. Speaker: Doug Huffman, Talbot School of Theology**
- CentraCare Health is offering the **End of Life Series: “The Four Things That Matter Most”** and **“A Leadership Series” on October 10th and 11th, 2017.**
- **October 13-14: ELPNA Fall Renewal at Luther Seminary (flyer attached)**
- **SAVE the DATE!! November 8, 2017 Elim Care Fall Workshop at New Hope Church. Flyer attached-registration information will soon be available on our Elim FCN website**
- **2018 North Central District Conference, April 9-10, Constance EFC, Andover, MN**

Other Midwest events


- **18th Annual Health Ministry Conference: Save the Date-** The 2017 conference *The Loneliness Epidemic: Connecting Health and Faith* sponsored by the Sanford Faith Community Nursing Center in Sioux Falls will be **Friday, November 3rd** from 8:30 am—3:30 pm. Keynote presenter is Dr. Carla Persisinotto of the University of California, San Francisco. Dr. Perissinotto will be delivering three keynote addresses at the conference focusing on the science of loneliness; the impact of social isolation on health; loneliness across the lifespan, and innovative local and faith community solutions. For questions call (605) 333-1382.

National Events

- **Nurses Christian Fellowship** International Caribbean and North America Region is excited to announce their **2018 regional conference, *Infusing Hope in Nursing: A Christian Perspective, July 19-22, 2018*** at Azusa Pacific University, Azusa, California. This conference for nurses, students, and educators will be reasonably priced with discounts for NCF/USA members. Watch for upcoming information!

Faith Community Nurse RESOURCES

National Health Observances

-  For a list of upcoming National Health Observances, click <https://healthfinder.gov/nho/Default.aspx> this site allows you to identify observances by month and has links to toolkits associated with the various observances.

for September:

- **National Childhood Obesity Awareness Month**
- **Fruits & Veggies – More Matters Month**
- **Suicide Prevention Awareness Month**
- **Crisis Resources**

- If you or someone you know is in an emergency, call 911 immediately.
- If you are in crisis or are experiencing difficult or suicidal thoughts, call the National Suicide Hotline at 1-800-273 TALK (8255)
- If you're uncomfortable talking on the phone, you can also text NAMI to 741-741 to be connected to a free, trained crisis counselor on the Crisis Text Line.

✚ **Calcium supplements: When should they be taken?** Three factors determine when you should take calcium supplements.

✚ Federally funded free or sliding scale clinic to know about- Community University Health Care Center. <https://www.cuhcc.umn.edu/>

Helping you to help others,

Joanne

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