



Elim Faith Community Nursing

A Ministry of Elim Care

SERVING IN THE SPIRIT OF CHRIST'S LOVE

ELIM FAITH COMMUNITY NURSE CONNECTION March 2018

Joanne Hall, Director of Elim Care Faith Community Nursing

"Helping you to help others"

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"My one purpose in life is to help people find a personal relationship with God, which I believe comes from knowing Christ." —Billy Graham

God is Love

by Billy Graham



Who can describe or measure the love of God? Our Bible is a revelation of the fact that God is love. When we preach justice, it is justice tempered with love. When we preach righteousness, it is righteousness founded on love. When we preach atonement for sin, it is atonement necessitated because of love, provided by love, finished by love.

When we preach the resurrection of Christ, we are preaching the miracle of love. When we preach the abiding presence of Christ, we are preaching the power of love. When we preach the return of Christ, we are preaching the fulfillment of love. No matter what sin we have

committed, no matter how black, dirty, shameful, or terrible it may be, God loves us. We may be at the very gate of hell itself, but God loves us with an everlasting love. The proof? Jesus Christ, God's only Son, went to the Cross for us.

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have eternal life" (John 3:16).

A few years ago, Billy Graham proclaimed with resolve, "When I die, tell others that I've gone to my Lord and Savior Jesus Christ—that's where I am."

Mark your calendars now!

March 5, 8-9:30am "Anti-Trafficking: Post-Game Plan"

Wooddale Church

One month after Super Bowl 52, pastors and church representatives are invited to a breakfast to debrief on anti-trafficking efforts following the big game and learn next steps for churches in the fight against sex trafficking.

March 14, from 10 AM–Noon Older Adult Ministry Forum – Supporting Older Adults with Mental Illness in Your Congregation

Presenter: Rev. Dr. Hollie Holt-Woehl, Adjunct Professor at Luther Seminary

Location: Newman-Benson Chapel at Lyngblomsten (1415 Almond Avenue, St. Paul, MN 55108)

Fee: \$10 per person or \$25 for 3 or more people from the same congregation. Registration required by March 11. To register, call (651) 632-5330 or email 2ndHalf@lyngblomsten.org

Friday March 30, 1:00 p.m. - 2:00 p.m. (Central Time Zone)

Baptist Hospitals of Southeast Texas Faith Community Nurse (FCN) Teleconference

Faith Community Nurses: Addressing Church Safety & Security (1 Contact Hour)

To register for these teleconferences, Email Address: Rebekah.Seymour@bhset.net

April 9-10, NCD Annual Conference

Constance EFC, Andover

Theme: *An Inexpressible & Glorious Joy*,

A Conference for Pastors & Church Leaders

Speaker: Constantine Campbell, Professor of New Testament, TEDS

[Register Brochure](#)

April 17, 8 AM–5 PM Older Adult Mental Health First Aid Workshop

Presenters: Shannon Bailey and Kay King, Certified Instructors, National Council for Behavioral Health Location: Newman-Benson Chapel at Lyngblomsten (1415 Almond Avenue, St. Paul, MN 55108) Fee: \$55 Registration with payment required by April 2. To register, call (651) 632-5330 or email 2ndHalf@lyngblomsten.org.

April 19, 7-9pm Hope Community Church

Transform Minnesota presents “Awakening the Church to Mental Health”

A Faith Filled Response to Mental Illness and Recovery

Registration for this event is not required.

For more information: <https://transformmn.org/event/awakening-the-church-to-mental-health/>

April 23, Encore Senior Adult Ministries - Spring Celebration 10:00 AM – 2:30 PM at Constance EFC, Andover. **Speaker:** Dr. Marcus Bachmann, founder of Counseling Care and husband to Michelle Bachmann, former US Representative.

May 15, 9am-1:30pm ELIM CARE SUPER SUMMIT “Pastoral Care and Trauma”

Dr. Carla Dahl, Professor of Congregational and Community Care Leadership

Luther Seminary, 2481 Como Avenue, St. Paul, MN

Lunch is included with the \$35 cost of registration. Registration details and CEU information coming!

September 10 -11, Encore Senior Adult Ministries Fall Fling, Camp Shamineau

Faith Community Nursing News to Share

Lori Anderson, Assistant Professor in the School of Nursing at the University of Northwestern-St. Paul saw the opportunity for FCN's to help with Serve the City 2018 and as a result she contacted Pastor Rob Warland at Hope Community Church about having her nursing students help for their Community Health Clinical. 8 students and one faculty served meals at House of Charity down the street, and the rest (14) were at the church. Just one woman came into the Warming Center, but we helped do security, meal prep, cleaning and reorganizing some of the rooms they had used with new beds, etc. Also, Pastor Rob from Hope and Laura, a staff member from Source MN, spoke at Chapel at UNW this week. The students have been studying about Human Trafficking in class and readings as well, so they were well-informed to take part in this outreach.

Faith Community Nurse RESOURCES

✚ **Human Trafficking:** The FCNs from the Twin Cities spent time prior to the Super Bowl learning about Human Trafficking and learning how to help victims. Learn more about how they planned at “The Guardian Project” at <http://www.guardianprojectmn.org/mn/> But Human Trafficking doesn’t stop just because the Super Bowl is over. Sadly, it happens every day...right here in the Midwest too. These Twin Cities FCNs recommend these resources:

- **Safe Harbor Overview (pdf):** Learn what Safe Harbor is and how to contact a Regional Navigator. See Minnesota Department of Health at <http://www.health.state.mn.us/injury/topic/safeharbor/docs/MDHSafeHarborReferral.pdf>
- **Interfaith Toolkit on Human Trafficking (pdf):** Information for faith communities to take action. Includes resources for several faith traditions. Go to <http://www.uccfiles.com/pdf/2017-Interfaith-Toolkit-on-Human-Trafficking.pdf>
- **“What Nurses need to know about Human Trafficking”**, explains nursing roles and responses, and more. See Journal of Christian Nursing at https://journals.lww.com/journalofchristiannursing/Fulltext/2018/01000/%20Update_What_Nurses_Need_to_Know_about_Human.10.aspx

✚ **Suicide: What to do when someone is suicidal**

When someone you know appears suicidal, you might not know what to do. Learn warning signs, what questions to ask and how to get help. Read the Mayo Clinic article here. https://www.mayoclinic.org/diseases-conditions/suicide/in-depth/suicide/art-20044707?utm_source=newsletter&utm_medium=email&utm_campaign=managing-depression&pg=1

✚ **Church Security** has become a topic of interest and concern for many. This link provides an Emergency Preparedness template provided by FEMA http://www.elimcare.org/wp-content/uploads/2016/02/developing_eops_for_houses_of_worship_final.pdf

Another opportunity for learning will be provided via teleconference from Baptist Hospitals of Southeast Texas **“Faith Community Nurses: Addressing Church Safety & Security”** Friday March 30, 2018 1:00 p.m. - 2:00 p.m. Central Time Zone To register for these teleconferences, Email Address: Rebekah.Seymour@bhset.net

NAMI Minnesota Classes

Family-to-Family - Learn about mental illnesses, the brain, treatment, and resources to help a loved one living with a mental illness. Attendees will also build communication skills, reduce stress, find support and discover the common stages of emotional responses when supporting someone with a mental illness. This class meets weekly for two and a half hours for 12-weeks and is for family and friends of an adult living with a mental illness. Call to register or ask questions.


Rochester, Tentative Starting Date during March- call Bill Berg at 507-287-1692

Minneapolis, starts 3/1 Meets Thursdays, 6:00-8:30 pm - call Katie at 952-201-9998, Sue at 612-618-9011 or Rachel at 763-439-5484

Lakeville, starts 3/6 Meets Tuesdays, 6:30-9:00 pm - call Mark or Joan at 612-205-7080

Winona, starts 4/4 Meets Mondays & Wednesdays, 6:30-9:00 pm - call Helen at 507-459-2230 or Judy at 507-458-0714

American Society on Aging (ASA)

hosts many free web-based seminars on topics related to aging and caregiving. . Many of these seminars offer CEUs, so these are a great, cost-saving resource for licensed and non-licensed staff. For full details on these and many more seminars, go to <http://asaging.org/web-seminars>. ASA Member-only webinars are indicated with the  icon. Other sponsored webinars and webinar series that are free to non-members have their own icons.

Faith Community Nurse Basic Preparation Courses

It's never too early to encourage other RNs from your community or congregation to attend the Faith Community Nurse Foundations course.

- ♥ **Faith Community Nurse Network of the Twin Cities:** FCNN offers the International Parish Nurse Resource Center (IPNRC) certified course in a 35.3 contact hour format taught by professional nursing faculty who are both educators and experienced faith community nurses representing an array of faith traditions. The Course is a pre-requisite for RNs who want to enter faith community nursing practice. They will offer the course April 9-13 and October 8-12, 2018. The cost of the course is \$450. Register at <http://www.fcntc.org/education/foundations-course/> For more information or questions about the Foundations of Faith Community Nursing Course; please contact Wanda Alexander, RN, MPH, FCN at 612-280-3155 or wanda.alexander@hennepin.us.

- ♥ **CentraCare:** Health Ministries of Central Minnesota & Faith Community Nurse Partnership of Central Minnesota recently became a provider of the Foundations of Faith Community Nursing course. Their class will be provided April 16-20 in St. Cloud MN. Please pass the attached information along to any Registered Nurse you know who may be interested in taking the course at that time in this location. This education offering has been designed to meet the Minnesota Board of Nursing continuing education requirements for 38 contact hours. Cost is \$450. For more information contact Annette Jesh at Annette.Jesh@centracare.com or 320-249-0280.

- ✚ Check out the link below for “Tips for Including Movement in Way You Live” from the Church Health Center.

<http://chreader.org/wp-content/uploads/2017/08/7-Tips-for-Including-Movement-in-the-Way-You-Live.pdf>

Encourage others to take the opportunity to have meaningful and heartfelt sharing about what matters most.

1. *What makes life worth living?*
2. *What memories do you have of people in your life “living right up until the end”?*
3. *When you think of the future, who will be important in your life?*
4. *What do you want to be sure caregivers know about you?*
5. *If you could no longer communicate, what messages do you want to still be heard?*
6. *Who will share these messages for you?*

Sharing your “bucket list” could be easier than discussing end-of-life medical preferences, and it might be just as useful to your physician, researchers suggest. Researchers say the “bucket list” conversation is a simple strategy to help patients consider health decisions. In learning these goals, clinicians are better suited to promote informed decision-making when discussing the potential impact of treatment options. (Medscape)

Helping you to help others,

Joanne