



Verse of the Week:

We set our eyes not on what we see but on what we cannot see. What we see will last only a short time, but what we cannot see will last forever. — 2 Corinthians 4:18 NCV

“Jesus tells us to “Seek first the kingdom of God” (Matthew 6:33). This is His invitation to us. Set your hearts on your home. In His plan it’s all about the King and His kingdom. He wrote the script, built the sets, directs the actors, and knows the final act — an everlasting kingdom.

And this is [God’s] plan: At the right time He will bring everything together under the authority of Christ — everything in heaven and on earth. — Ephesians 1:10 NLT

Reach for it!

The journey home is nice, but the journey is not the destination.

Those who are content with nothing more than joy in the journey are settling for too little satisfaction. Our hearts tell us there is more to this life than this life. We, like E.T., lift bent fingers to the sky. We may not know where to point, but we know not to call this world our home. In God’s narrative, life on earth is but the beginning: the first letter of the first sentence in the first chapter of the great story God is writing with your life.”

Excerpted with permission [God Is With You Every Day](#) by Max Lucado, copyright Max Lucado. Published by Thomas Nelson.

Read the entire devotional at http://www.faithgateway.com/journey-isnt-destination/?utm_source=devosdaily&utm_medium=email&utm_campaign=devosdaily20160903#.WJO7ZGdTHIU

Faith Community Nurses Share:

This news from Sharon Hinton at the Westberg Institute:

“Dear FCN family,

I ask you to hold **Maureen Daniels** in prayer as she recovers from a heart transplant last week. She is still in the hospital and facing challenges with pain control and all the other issues this type of surgery entails. She cannot answer email or phone calls at this time so please reach out to her through postal mail. Her address is 1725 Beulah Place, St Louis, MO 63117. Prayers for her recovery and for her family as they care for her are appreciated.”

Faith Community Congregational Health Surveys

If you have conducted a congregational health survey, are you willing to share your template for the health survey or questions which received the most responses from your congregation?

From Lori Anderson, Clinical Adjunct Faculty, School of Nursing, University of Northwestern:

“Our program is growing and in addition to our 16 month accelerated BSN program, we offer the same curriculum in a 2 year academic track (September -May, with summers off).

This means that our Community & Population Based Care Services course is offered both Spring and Summer Terms and therefore, we have more students to expose to the wonderful world of Faith Community Nursing!”

I will be forwarding an email from Lori explaining the preceptorship opportunities-please look for it and prayerfully consider if you might be used in the church setting of FCN as a preceptor! Joanne

Upcoming Foundations Courses:

Building a Strong Ministry: It’s never too early to encourage other RNs from your community or congregation to attend the Faith Community Nurse Foundations course. Those who have attended the course likely will become interested in participating in your ministry in some capacity. This also provides you with the opportunity to begin strategic succession planning.

To reach Links for information and registration for the Foundations Courses below please check out our website [Elim Care FCN](http://www.elimcare.org/services/faith-community-nursing/): or copy and paste this in your browser: <http://www.elimcare.org/services/faith-community-nursing/>.

- **Foundations in Faith Community Nursing Course offered by FCNN of the Greater Twin Cities (attached)**
 - Date: April 3rd - 7th, 2017; Monday – Friday
 - Time: 9am - 5pm (closing convocation at 3pm on Friday)

Upcoming Events and Workshops

- **NAMI Minnesota**

- **Hope for Recovery**

- **Edina**, Saturday Feb. 11th at 9:00 am - 3:00 pm, Normandale Lutheran Church, 6100 Normandale Road. [Register here](#)
- Spend a Saturday obtaining information, hope and practical strategies for dealing with the complexities of mental illnesses. Participants learn about mental illnesses, treatments, coping strategies, the mental health system and local resources.

- **Family-to-Family**

- This class is for family members who have a loved one living with a mental illness. Learn about mental illnesses, identify resources, build communication skills, reduce stress and find support. Join others for this 12-week series taught by experienced family members. To register, contact the person listed. **Registration is required.**
- **Minneapolis, Starts Feb. 9th**, Meets Thursdays, 6:30 pm - 9:00 pm. For more information or to register, call Beth at 651-210-5530 or Tammy at 612-618-4979.
- **Roseville Starts Feb. 23**, 6:00 pm - 8:30 pm. For more information or to register, call Anne at 651-653-5116.

- **2nd Annual North Central District Church Security Summit**

- Faith Community Nurses should consider attending this workshop!
- Saturday, **February 18th, from 9 am to 4 pm** at Constance EFC, 16150 Crosstown Blvd, Andover, MN 55304.

- **Thursday, February 16 from 11:30 am -- 1:00 pm**

- **“Things You Have to Know About Stroke”**
- Dr. Haitham Hussein with the Regions Hospital Comprehensive Stroke Center
- Lunch and Registration: 11:30 am -- Noon
- Presentation: Noon -- 1:00 pm
- **New Perspective Senior Living Highland Park; 750 Mississippi River Blvd., St. Paul 55105**
- **RSVP by February 10** to Lyn Smasal at lsmasal@keystonecommunities.com or 651-698-1111

- **Tuesday, February 28 from 7:30 am -- 9:00 am**
 - **“Healthy Brain Aging & Alzheimer’s Research”**
 - Dr. Bhavani Kashyap
 - Breakfast and Registration: 7:30 am -- 8:00 am
 - Presentation: 8:00 am -- 9:00 am
 - **New Perspective Senior Living Waconia (formerly Lighthouse); 500 Cherry St., Waconia, MN 55387**
 - **RSVP by February 23** to Rita Halloran at rhalloran@npseiorliving.com or 952-856-4700

Looking Ahead-

- **Powerful Tools for Caregivers course in Cannon Falls, MN**
 - March 21 – April 25
 - 2:00 – 4:00 PM
 - First English Lutheran Church, 511 W. Belle St., Cannon Falls, MN. 55009
 - Flyer attached
- **EFCA North Central District Conference**
 - **March 27-28, 2017**
New Hope Church
The Church Today and Tomorrow
Speaker: Kevin Kompelmein, EFCA President
- **Westberg Symposium- Regional location will be in Lansing MICHIGAN**
April 21 & 22, 2017

Resources –

Program Planning Helps: - - Just a Few suggestions, go to www.health.gov OR www.nationalwellness.org

February:

American Heart Month: www.heart.org

National Children’s Dental Health Month: ncdhm@ada.org

AMD/Low Vision Awareness Month: Media@aaio.org

Wise Health Consumer Month: www.healthylife.com

February 12-18 Random Acts of Kindness Week: www.randomactsofkindness.org

Feb 21- 26: National Eating Disorders Awareness Week www.nedawareness.org

Helping You to Help Others

We want to be relevant to your ministry. To help us plan the content of email communications, monthly meetings and retreats or workshops it would be helpful to have you identify your “top 3” list. I **have attached a brief survey** to help determine the top three topics you see as relevant to the Elim Care Faith Community Nurses in 2017. Complete and send your comments to me!

The **mission of parish nursing** is the intentional integration of the practice of faith with the practice of nursing so that people can achieve wholeness in, with, and through the community of faith in which parish nurses serve. (Developed at the 2000 Westberg Symposium).

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