



**Verse of the Week:**

***O LORD, You have heard the desire of the humble; You will strengthen their heart, You will incline Your ear. — Psalm 10:17***

The following is excerpted with permission from [10 Principles for Studying Your Bible](#) by Dr. Charles Stanley, copyright Charles Stanley.

“The most important lesson we can learn as believers is to trust God. Nothing else compares with this — nothing comes close. When you know you are doing what God has called you to do, there is a sense of security and surety surrounding your life that is obvious to others. Decisions, while they may seem tough, are made effectively because your mind and heart are focused not on what you want to do but on what God wants. There is a huge difference.

When we push to gain an answer to our prayers or to have something we feel we need, there is always a feeling of uneasiness within us. It should never be hard to trust the Lord because His love for us is so great. However, unless we know for sure that we are walking in step with Him, we will constantly think, *Lord, am I doing the right thing? Did I make the right decision? Are You okay with what I'm doing?* I'm not talking about asking Him to affirm you. God wants and even listens expectantly for us to pray asking Him to draw us close to His heart.

God hears our prayers. He knows all about the silent cries of our hearts, but He also knows our joys. We can trust Him fully because He knows all about us and loves us unconditionally.

When does strong faith — immovable faith — turn into fear? The answer is easy: when we take our eyes off of the Source of our strength and place them on our circumstances, personal desires, or things that we know are not God's best. Anytime we pause to consider a way other than God's way, we run the risk of becoming frustrated. His faithfulness has nothing to do with our circumstances.

We may think that our enemies, whether real or imagined, are too great for us, but they are not for God. He is over all things. And we can trust Him because He is trustworthy — this is His nature, His character, and one of His many attributes.”

Read the entire devotional at: [http://www.faithgateway.com/trust-god-obey?utm\\_source=devosdaily&utm\\_medium=email&utm\\_campaign=devosdaily20160912#.WlYUAWdTHcs](http://www.faithgateway.com/trust-god-obey?utm_source=devosdaily&utm_medium=email&utm_campaign=devosdaily20160912#.WlYUAWdTHcs)

*Joanne*

### **Faith Community Nurses Share:**

We want to be relevant to your ministry. To help us plan the content of email communications, monthly meetings and retreats or workshops it would be helpful to have you identify your “top 3” list. What are the top three topics you would like offered as continuing education for the Elim Care Faith Community Nurses in 2017? Send your comments to me!

### **From Medscape Nurses:**

#### **“Wanted: Photos of Nurses Wearing Uniforms in 1960s-1980s”**

- Readers, we need your help putting together an article about nurses' attire (male and female), particularly uniforms from the 1960s through the early 1980s—the "pre-scrubs era." Do you have any photos to share? We're looking for full-length (head-to-toe), clear images showing details of the clothing, especially photos from the eras of shorter hemlines and the introduction of pants. We can't use class photos or photos of student uniforms, nor photos showing patients or anyone other than yourself. Email your photo file attachment to [lstokowski@medscape.net](mailto:lstokowski@medscape.net), along with: (1) the name of the person in the photo; (2) the approximate date that the photo was taken; and (3) the location (hospital or other site, city, state, country). We'll also need a statement of your permission to publish it on Medscape. Please note that we may not use all submissions. The deadline is January 27. We thank you for your help!”

*(Wouldn't this be a fun submission?!- Joanne)*

- NEW YORK (Reuters Health) - Nursing home residents on dialysis were **far less likely to have advance directives in place** than other residents with severe illness, a U.S. study found. "Efforts to increase engagement in advance care planning and expand the use of advance directives among patients receiving dialysis may offer untapped opportunities to better align end-of-life care with patient preferences and values," lead author Dr. Manjula Kurella Tamura of the VA Palo Alto Health Care System and Stanford University in California told Reuters Health by email.

### **Upcoming Foundations Courses:**

**Building a Strong Ministry:** It's never too early to encourage other RNs from your community or congregation to attend the Faith Community Nurse Foundations course. Those who have attended the course likely will become interested in participating in your ministry in some capacity. This also provides you with the opportunity to begin strategic succession planning.

To reach Links for information and registration for the Foundations Courses below please check out our website [Elim Care FCN](http://www.elimcare.org): or copy and paste this in your browser: <http://www.elimcare.org/services/faith-community-nursing/>.

- **Foundations in Faith Community Nursing Course offered by FCNN of the Greater Twin Cities (attached)**

- Date: April 3rd - 7th, 2017; Monday – Friday
- Time: 9am - 5pm (closing convocation at 3pm on Friday)

### **Upcoming Events and Workshops:**

- **NAMI -Faith Communities, People with Mental Illnesses and Their Families**

- Increase your understanding of the role faith and faith communities play in recovery for people living with mental illnesses as you increase your understanding of mental illnesses, learn the impact of the associated stigma, and **learn about NAMI and its resources.**
- **Crystal**, Wednesday Jan. 25th at 7:00 pm - 8:30 pm, at Brunswick United Methodist Church, 6122 42nd Ave N. For more information, contact Kay at 651-645-2948 ext. 113.
- **Roseville**, Sunday Jan. 29th at 10:00 am - 11:00 am, St. Michael's Lutheran Church, 1660 West County Road B - in Courtyard Room. For more information, contact Briana at 651-645-2948 ext. 128.
- **Bloomington**, Sunday Feb. 5th at 9:15 am - 10:15 am, Oak Grove Presbyterian Church, 2200 West Old Shakopee Road. For more information, contact Briana at 651-645-2948 ext. 128.

- **ACT on Alzheimer's, Metropolitan Area Agency on Aging, Alzheimer's Association MN-North Dakota, and Dementia Friendly America are partnering with TPT/PBS in announcing the premiere of a new PBS documentary about Alzheimer's disease. Called "Every Minute Counts," the film airs on January 25 at 9:00 p.m. (CST) and will be available for free streaming on the [PBS website](http://www.pbs.org) starting January 26.**

- See the attached flyer and spread the word in your communities!
- **Stepping On Leader training opportunity-(see attached flyer)**
  - **What am I being called to do?**
    - Become a *Stepping On* Leader (application attached)
    - Spread the word that *Stepping On* has proven to reduce falls 30-50%
    - Lead *Stepping On* workshops within your faith community and/or broader community

*There are currently few educational opportunities to empower older adults to take steps that decrease the risk of falling. By providing Stepping On workshops in your faith community, you may actually SAVE A LIFE and you will PREVENT FALLS.*

- **ELIM CARE FAITH COMMUNITY NURSES PRAYER AND CARE MINISTRY**

**Wednesday, January, 25, 2017**

**11:00 AM – 1:30 PM**

**Elim Care Corporate Office – 7485 Office Ridge Circle, Eden Prairie, MN. 55344**

11:00 – 11:45 Lunch & sharing: Main Dish provided

If you are able, please bring something to share for lunch such as bread/ chips, dessert, fruit, veggies. If unable to bring something please come anyway!

11:45—12:30 Care, prayer, and thanksgiving

**12:30 – Discussion Topic: How to Plan a “Service of Remembrance”** Beth Moorhead is a pastoral counselor who has been on staff at Wayzata Free Church for 15 years. One of her responsibilities is to lead the grief support program. Each fall the church sponsors an Evening of Remembrance, a special dinner and service, for those who have experienced the death of a loved one during the previous year or so. Beth and Dee Sandberg, the head of Caring Ministries at

Wayzata Free, will share the process they go through to plan and carry out that special event each year.

1:25 Closing Comments and Prayer

No registration... No cost... Just come as you're able

**RSVP to Joanne Hall at [joanne.hall@elimcare.org](mailto:joanne.hall@elimcare.org) or 952.259.4500 if you plan to attend!**

- **2nd Annual North Central District Church Security Summit**
  - Faith Community Nurses should consider attending this workshop!
  - Saturday, **February 18th, from 9 am to 4 pm** at Constance EFC, 16150 Crosstown Blvd, Andover, MN 55304.
  
- **Thursday, February 16 from 11:30 am -- 1:00 pm**
  - **“Things You Have to Know About Stroke”**
  - Dr. Haitham Hussein with the Regions Hospital Comprehensive Stroke Center
  - Lunch and Registration: 11:30 am -- Noon
  - Presentation: Noon -- 1:00 pm
  - **New Perspective Senior Living Highland Park; 750 Mississippi River Blvd., St. Paul 55105**
  - **RSVP by February 10** to Lyn Smasal at [lsmasal@keystonecommunities.com](mailto:lsmasal@keystonecommunities.com) or 651-698-1111
  
- **Tuesday, February 28 from 7:30 am -- 9:00 am**
  - **“Healthy Brain Aging & Alzheimer’s Research”**
  - Dr. Bhavani Kashyap
  - Breakfast and Registration: 7:30 am -- 8:00 am
  - Presentation: 8:00 am -- 9:00 am
  - **New Perspective Senior Living Waconia (formerly Lighthouse); 500 Cherry St., Waconia, MN 55387**
  - **RSVP by February 23** to Rita Halloran at [rhalloran@npseniorliving.com](mailto:rhalloran@npseniorliving.com) or 952-856-4700

## Resources –

Visit our Elim Care FCN site for other links and resources  
<http://www.elimcare.org/services/faith-community-nursing/>

“Updated Hypertension Guidelines”- See the attached document

Jayne Kane Life Coaching & Retreats

<http://www.jaynekanecare.com>

NAMI Minnesota

<http://www.namihelps.org/>

### *Helping You to Help Others*

The **mission of parish nursing** is the intentional integration of the practice of faith with the practice of nursing so that people can achieve wholeness in, with, and through the community of faith in which parish nurses serve. (Developed at the 2000 Westberg Symposium).

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