



Verse of the Week:

I pray that out of his glorious riches he may **STRENGTHEN** you with power through his spirit in your inner being.

Ephesians 3:16

Faith Community Nurses Share:

- Does anyone have a checklist or information sheet for elderly members or those members who live alone?
- We want to be relevant to your ministry. To help us plan the content of email communications, monthly meetings and retreats or workshops it would be helpful to have you identify your "top 3" list. I have **attached a brief survey** to help determine the top three topics you see as relevant to the Elim Care Faith Community Nurses in 2017. Complete and send your comments to me by February 27.
- Lori Anderson, Clinical Adjunct Faculty, School of Nursing, University of Northwestern is looking for FCNs who are willing to be preceptors for nursing students.
- Pam D'Andre is a Reach Global missionary nurse and has lived in Kiev, Ukraine for the past 16 years. She is the Faith Community Nursing Coordinator for Ukraine. She is also a partner of Logos Center, a Christian Community health center in Kotzubinskoe, a suburb of Kiev. Pam is partnered with Fr. Nikolay, the founder of Logos. Pam and Fr. Nikolay were in the U.S. January 20-February 7 visiting supporting churches and other groups. They were discussing the Logos ministries, the war, and how that was affecting their ministry and financial struggles as a result of a poor Ukrainian economy, war, and corruption. **Read the attached summary of their visits while here.**

- The January Nurses Christian Fellowship newsletter featured "A Story of Global Partnership" describing Sam McBok's time with NCF Twin Cities on November 1, 2016. Sam is a FCN Educator from Nigeria. Mary Thompson, FCN, sends a prayer request for Sam's continuing work in Nigeria. It is a privilege to intercede for colleagues in Nigeria as they bring compassion and hope from Jesus to health care issues they face, such as infant and maternal mortality. We are part of God's global family, and sharing concerns, joys and opportunities makes a difference! Pray collectively for Sam and their ministry:

"Gracious Father, we pray that your Holy Spirit will be poured out upon Sam and the people gathered in Nigeria this month to provide training that will save lives of mothers and babies. Lord Jesus, we thank you for your care of children, and vulnerable people. We pray that all that happens during the training will help people to discover your great love for them and all people. We are thankful that health care is a way to represent you in our world. In Jesus' name, Amen!"

Upcoming Foundations Courses:

Building a Strong Ministry: It's never too early to encourage other RNs from your community or congregation to attend the Faith Community Nurse Foundations course. Those who have attended the course likely will become interested in participating in your ministry is some capacity. This also provides you with the opportunity to begin strategic succession planning.

To reach Links for information and registration for the Foundations Course, please check out our website [Elim Care FCN](#).

Upcoming Events and Workshops

- **Remember – no Elim Care FCN Network meeting in February!**
- **NAMI Minnesota**
 - **Family-to-Family**
 - This class is for family members who have a loved one living with a mental illness. Learn about mental illnesses, identify resources, build communication skills, reduce stress and find support. Join others for this 12-week series taught by experienced family members. To register, contact the person listed. **Registration is required.**
 - **Roseville Starts Feb. 23, 6:00 pm - 8:30 pm.** For more information or to register, call Anne at 651-653-5116.
 - **Gray Matters: Understanding Anxiety in Older Adults**
 - Learn the risk factors and warning signs of bipolar disorder, schizophrenia, borderline personality disorder and suicidal behavior in

older adults. Participants will also learn about treatment, management and recovery; learn strategies for working with someone with acute symptoms or emerging symptoms; and learn about resources for older adults.

- **Stillwater, Monday Feb. 20th at 9:45 am - 11:15 am**, FamilyMeans, 1875 Northwestern Ave S. For more information or to register, contact Dianne at 651-439-4840 or dvierling@familymeans.org.

- **2nd Annual North Central District Church Security Summit**

- Faith Community Nurses should consider attending this workshop!
- Saturday, **February 18th, from 9 am to 4 pm** at Constance EFC, 16150 Crosstown Blvd, Andover, MN 55304.

Looking Ahead-

- **Transitional Care for Faith Community Nurses-March Workshop (flyer attached)**

- Will be held at Dakota Medical Foundation in Fargo ND on Thursday, March 16th. Sanford Foundation provided the funding for this workshop which has been approved for 4.25 ANCC contact hours.
- Registration opens at 9:30 am and the 4 hour workshop occurs from 10:00 am—3:30 pm to enable Faith Community Nurses from across the region to travel the morning of the session.
- This is a local opportunity to attend a core module that is being presented at the *Westberg on the Road 2017* events being held all across the nation over the next few months.

- **Powerful Tools for Caregivers course in Cannon Falls, MN (flyer attached)**

- March 21 – April 25
- 2:00 – 4:00 PM
- First English Lutheran Church, 511 W. Belle St., Cannon Falls, MN. 55009
- Flyer attached

- **EFCA North Central District Conference**

- **March 27-28, 2017**
New Hope Church
The Church Today and Tomorrow
Speaker: Kevin Kompelmein, EFCA President
- [To Register](#)
- **Westberg Symposium- Regional location will be in Lansing MICHIGAN**
 - **April 21 & 22, 2017**
 - <http://www.greatermichiganinstituteforfcn.org/conference-information.html>

Resources –

Continuing Education for Faith Community Nurses:

Becky Seymour MSN, RN-BC FCN from Baptist Health develops 6-12 education sessions each year that are specific to Faith Community Nurses. The schedule for the 2017 sessions can be found on our Elim FCN website <http://www.elimcare.org/wp-content/uploads/2016/02/FCN-Schedule.pdf>. Cost for participation is \$10 per session with ANCC credits awarded. The registration form for the March 31st session “Generational Differences” with presenter Faith Roberts is also attached. For more information contact Becky at Phone: 409-212-5648 or Rebekah.Seymour@bhset.net

Program Planning Helps: - - Just a Few suggestions, go to www.health.gov OR www.nationalwellness.org
February:

American Heart Month: www.heart.org

National Children’s Dental Health Month: ncdhm@ada.org

AMD/Low Vision Awareness Month: Media@ao.org

Wise Health Consumer Month: www.healthylife.com

February 12-18 Random Acts of Kindness Week: www.randomactsofkindness.org

Feb 21- 26: National Eating Disorders Awareness Week www.nedawareness.org

Helping You to Help Others

The **mission of parish nursing** is the intentional integration of the practice of faith with the practice of nursing so that people can achieve wholeness in, with, and through the community of faith in which parish nurses serve. (Developed at the 2000 Westberg Symposium).

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