



This update is coming out early as I will be at the Westberg Institute for Faith Community Nursing “FCN Coordinator Course” in Memphis, TN next week. We welcome your prayer requests, praises and stories to share with others!

Verse of the Week:

The Lord will bless you just as He promised You. — Deuteronomy 15:6

Prayer Requests:

- Pray for our nation, for peace, for blessings, and that **we would be a blessing** to all around us as well!
- Pray for me as I travel to Memphis. Pray I will be a blessing to those I encounter there as I learn many new things!

Praise and Thanksgiving:

- For the safe return of Marcia and Dennis Flom from their eight day mission visit to the Dominican Republic
- Ginny McMillan reports: “I just got home from 5 days at the Rosebud Lakota Sioux reservation in South Dakota where we had a prayer tent at the Rosebud Powwow/Fair. Many wonderful conversations and connections and 6 people confessed Christ. Praise!”

Upcoming Events and Workshops:

Our next Network Prayer and Share gathering will be September 28th and will provide 1 CEU.

Please check out our website [Elim Care FCN](http://www.elimcare.org): or copy and paste this in your browser: <http://www.elimcare.org/services/faith-community-nursing/> . Click on any number of links that provide you with resources and a calendar of upcoming events.

- **Encore Retreat at Camp Shamineau (formerly Senior Fall Festival)**
 - Adults 50+
 - Sept 12-13
 - Flyer attached

- **Health Ministries Association (HMA) National Meeting and Conference, Journey to Wholeness: Faith Leaders Meeting Community Health Challenges**
 - September 12-14, 2016, Chandler, Arizona
 - <http://hmassoc.org/upcomingconference/>

- **Powerful Tools for Caregiver Leader Training**
 - Sept 15 and 16
 - Cost is \$150 –contact Pamela Franklin for tuition aid
 - Flyer attached

- **Aging with Gusto Conference (brochure attached)**
 - Tuesday, September 20, 2016 9:00 am to 4:00 pm
 - Wilder Community Center for Aging
 - 650 Marshall Ave St Paul, MN 55104

- **Foundations in Faith Community Nursing Course (brochure attached)**
 - FCNN offers the International Parish Nurse Resource Center (IPNRC) certified course in a 36 CEU format taught by professional nursing faculty who are both educators and experienced faith community nurses representing an array of faith traditions. The Course is a pre-requisite for RNs who want to enter faith community nursing practice.
 - For more information or questions about the Faith Community Nursing Course, please contact us at 651.204.0904 or contact@fcntc.org

- **Fall 2016**
Date: September 26th - 30th, 2016; Monday - Friday
Time: 9am - 5pm (closing convocation at 3pm on Friday)
- Spring 2017
Date: April 3rd - 7th, 2017; Monday - Friday
Time: 9am - 5pm (closing convocation at 3pm on Friday)
- **Seasonal Affective Disorder**
 - Presented by: Adult Mental Health Initiative -Benton, Sherburne, Stearns, Wright Counties
 - Free!
 - Date: Monday, October 3, 2016
 - Time: 1:00pm – 3:00pm
 - Location: Sherburne History Center 10775 27th Ave SE, Becker, MN 55308
- **Parish Nurse Fall Renewal 2016-Rising Strong in Christ (brochure attached)**
 - October 7-8
 - In the work of caring for others, we are acutely aware that attention to self care is a necessity. Come spend Friday evening and Saturday exploring ways to enhance your own emotional and spiritual resiliency. We'll explore ways to say yes to what feeds your soul and no to what steals your joy. Come and find community and support with other parish and faith community nurses
- **Powerful Tools for Caregivers (brochure attached)**
 - October 11 through November 15
 - 1:30 p.m. – 3:30 p.m. (Tuesday afternoons)
 - Prairie Hill Evangelical Free Church 17200 Valley View Rd, Eden Prairie, MN 55346
 - offered by Elim Care Faith Community Nursing Co - Facilitated by: Marcia Flom, RN, FCN and Eileen Weber, RN, FCN

Faith Community Nurses Share:

Lois Ustanko, Director, Faith Community Nursing & Health Ministry, Sanford Health Fargo, recently shared the following in her newsletter:

Move When God Tells You To Do So

The flooding in Louisiana brought back painful memories of my flood experience in Grand Forks in 1997. While working in the command center a desperate mother called begging for ideas and assistance in getting her cognitively impaired adult child to overcome her fears in order to be evacuated from a home that was consumed by water. She explained that the National Guard and police had already been to the door but the daughter was frightened by the uniforms so she would not open the door. From the command center we were able to locate a community volunteer willing to be boated to the neighborhood; the gentle voice and civilian attire finally coaxed the afflicted daughter to move to higher, drier ground. We did not lose one life in the flood of 1997 because we heeded the advice of officials and we worked together. It's been painful to hear the stories of those from Louisiana and to see their homes as it's a haunting reminder of a milestone in my family's life which was so disruptive and became a turning point in which we all abruptly became aware that things would never be the same again.

And yet I also recalled a story that circulated during those days of flooding that reminded us of the importance of listening to God as He guided, even if it was taking us places we didn't really want to go. The story goes like this....

A fellow was stuck on his rooftop in a flood. He was praying to God for help. Soon a man in a rowboat came by and the fellow shouted to the man on the roof, "Jump in, I can save you."

The stranded fellow shouted back, "No, it's OK, I'm praying to God and he is going to save me."

So the rowboat went on.

Then a motorboat came by. "The fellow in the motorboat shouted, "Jump in, I can save you."

To this the stranded man said, "No thanks, I'm praying to God and he is going to save me. I have faith." So the motorboat went on.

Then a helicopter came by and the pilot shouted down, "Grab this rope and I will lift you to safety." To this the stranded man again replied, "No thanks, I'm praying to God and he is going to save me. I have faith." So the helicopter reluctantly flew away.

Soon the water rose above the rooftop and the man drowned. He went to Heaven. He finally got his chance to discuss this whole situation with God, at which point he exclaimed, "I had faith in you but you didn't save me, you let me drown. I don't understand why!" To this God replied, "I sent you a rowboat and a motorboat and a helicopter, what more did you expect?"

Many an opportunity is lost because we did not take action when God told us to "move". We often get stuck in the mud puddle due to fear of the unknown, fear of change, fear of having to live without a safety net, fear of being inadequate, fear of the loss of security of the known even when it's a really bad situation and even fear of things we cannot name. We can pray and read Scripture and still be paralyzed by fear. There are so many circumstances in life we simply cannot control so we must learn to trust in the Lord and to turn things over to Him. We can be secure in His promise that He will NEVER leave us; even if what we fear most comes true He WILL

be with us. Today I ask God to help me identify the things I fear so I can live confidently in His peace.

Helping You to Help Others

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Elim Care, Inc.
Providing Senior Housing and Healthcare in the Spirit of Christ's Love

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