



ELIM FAITH COMMUNITY NURSE CONNECTION

May 2017

Joanne Hall, Director of Elim Care Faith Community Nursing

"Helping you to help others"

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I have told you this so that My joy may be in you and that your joy may be complete. — John 15:11

“Remember Eeyore and Tigger in the Winnie-the Pooh-books? For Eeyore, no matter what amazing circumstance came his way, doom and gloom remained the focus. For Tigger, bouncing through life without a care in the world, he never perceived anything to go wrong. In our daily lives, it is easy to have the attitude of Eeyore while wishing we could have the outlook of Tigger — two quite extreme viewpoints of life. The biblical brand of joy is not simply overcoming our inner Eeyore, nor is it strolling through life in ignorant bliss; rather, it is to be found in facing each day’s ups and downs through the contentment Christ offers. The psalmist reminds us of the reality of joy that comes when we rest in God’s presence: *You fill me with joy in Your presence.* — Psalm 16:11. Joy has more to do with remaining in the presence of Jesus than with avoiding problems and struggles in our lives. Note the end result of choosing eternal joy — being mature and complete in Christ. Joy becomes the fuel for the believer on this road to maturity. Only Jesus can make our lives flourish in the midst of trouble. In him, joy

is strengthened when life is challenging. And finally, there is a source of deep joy available from an intimate place of serving Jesus.”

Excerpted from *Think, Act, Be Like Jesus* by Randy Frazee

http://www.faithgateway.com/joy-true-happiness?utm_source=fgtoday&utm_medium=email&utm_campaign=fgtoday20161119#.WQNGOGeGPIU

Faith Community Nurses Share:

- **Elim Network gathering**

Our April 26 gathering featured a presentation from Joni and Friends staff, Judy Clark, MN Area Director, and Jane Palmer. Judy shared three ways the ministry supports those with disabilities through:

- equipping our churches to be “Irresistible Churches”
- a yearly Family Camp in August
- Wheels for the World-distributing refurbished, donated wheelchairs around the world.

Suggestions were offered for local church involvement opportunities and several wonderful resources were made available to us. Judy spoke of a short term mission trip they are planning to Lutsk, Ukraine!

Learn more about this ministry at <http://www.joniandfriends.org/minnesota/>

At our **May 24 Elim Network gathering**, Ginny McMillan, FCN at New Hope EFC, will tell us about "Joining Hands with Native Americans". She will share how she and her doctor husband, Ken, got involved after their own evacuation from Congo with Native Americans in Minneapolis. Plan to join us!

- **Global Health Ministries**

Mary Martin, FCN Coordinator at Oxlip Evangelical Free Church shares the following information: Global Health Ministries, located in Fridley, accepts donations of medical supplies They are an organization through the Lutheran church but they donate to several different groups. Their website is: www.ghm.org and email is office@ghm.org

Mark your calendars now!

May 6-12-National Nurses Week

Nurses Christian Fellowship (NCF) joins other nursing organizations to recognize and encourage nurses during Nurses Week. In the midst of our many challenges in nursing, we can come together to receive encouragement and direction from the Lord. We can be thankful that Jesus Christ is our joy and strength. For smaller gatherings, use the special **NCF Bible discussion guide** for a great discussion on the Nurses Week theme, Nursing: The Balance of Mind, Body and Spirit.

Wednesday, May 10th

A special 2017 National Nurses Week webinar: A Nurse's Guide to Preventing Compassion Fatigue, Moral Distress, and Burnout. Free Webinar

Join the American Nurses Association and Joyce A. Batcheller, DNP, RN, NEA-BC, FAAN, for the Dr. Batcheller is the President of CNO Solutions and is primarily responsible for leadership and on-boarding strategies. She serves in a faculty role at the Texas Tech University Health Sciences Center School of Nursing, Lubbock, Texas and is an American Nursing Association Nursing Knowledge Center consultant. She is an innovative healthcare leader known for her ability to transform nursing and improve patient outcomes. Joyce inspires nurses and other health professionals to reach their full potential. Her ability to create a compelling vision and structures that engage, empower and stimulate innovation is one of her unique talents. Listen and join in the conversation as Joyce shares tools and strategies based on the latest research to help infuse meaning, joy, and restoration back into your practice and life.

Click to [Register Today](#) for this free webinar that offers 1.0 contact hour. The Webinar will be held from 12-1 pm CST on Wednesday, May 10th—registration closes May 9th. Consider inviting other nurses in your congregation to join you for lunch! Acute care and long term care settings can be challenging work places!

Friday, May 12th

Faith Community Nurse Spring Seminar ~ SPONSORED BY ELIM CARE

Spiritual Formation and Self Care

9 a.m. – 1:30 p.m.

Bethel University- Anderson Center
2 Pinetree Drive
Arden Hills, MN 55112

Lunch and 2.4 nursing CEU's will be provided. Invite other nurses to attend as well!

Cost: \$25 per person.

Please RSVP to dkiel@elimcare.org

You may pay the day of the event - make checks payable to Elim Care.

May 16-18

Rochester location *Stepping On* Leader training session

Applications are still being accepted for this location. Consider becoming a *Stepping On* Leader with the Faith Community Nurse Network (FCNN). As a Leader, you will be able to help older adults in your congregation develop the special skills and awareness they need in order to avoid falling.

May 24th

Elim Network gathering: Ginny McMillan, FCN at New Hope EFC, will tell us about "Joining Hands with Native Americans".

May 31

Elim Care FCN Advisory Board meeting

Faith Community Nurse RESOURCES

May is Mental Health Month!

Each year millions of Americans face the reality of living with a mental illness.

1 in 5 Americans will be affected by a mental health condition in their lifetime and every American is affected or impacted through their friends and family. Take action today to help others as we fight stigma, provide support, educate the public and advocate for equal care.

Throughout May, NAMI and participants across the country are raising awareness for the importance of mental health. Each year we fight stigma, provide support, educate the public and advocate for equal care. Each year, the movement grows stronger.


Visit www.namihelps.org for more information,

Chronic Illness Support Group-Meets the 1st and 3rd Mondays at 6:30pm

- Get resources, network and enjoy Christ-centered friendship at Trinity Church, 10658 210th St. W. Lakeville, MN. Contact Tab Newgard at t_newgard@yahoo.com

Minnesota Help.info

This is the state's comprehensive website for services, resources and lots of information! Check it out! <https://www.minnesotahelp.info/>

 **Care Options Network** is the most widely used and respected information resource for senior care professionals in the Greater Twin Cities Area of Minnesota.

<http://www.careoptionsnetwork.org/>

Care Options Network is comprised of over 1,000 members of the senior health care and senior service industry. The Network staff collects and impartially formats vital care-specific data about senior care providers and services. The Network then distributes this information to the senior care industry, thereby helping find appropriate care, housing, products and services for over a quarter of a million seniors and their families each year.

Find joy in your journey this month!

Helping you to help others,

Joanne