



Elim Faith Community Nursing

A Ministry of Elim Care

SERVING IN THE SPIRIT OF CHRIST'S LOVE

ELIM FAITH COMMUNITY NURSE CONNECTION May 2018

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"Helping you to help others"

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*Consider how the wild flowers grow. They do not labor or spin.
Yet I tell you, not even Solomon in all his splendor was dressed
like one of these. Luke 12:27*

Mark your calendars now!

Mary 1st Twin Cities Nurses Christian Fellowship (see below)

May 15 - Chaplains & Faith Community Nurses Super Summit! Register on-line by clicking the following link. <http://weblink.donorperfect.com/chaplain> 2.5 CEUs will be available for nurses who attend.

May 21- Elim Care Faith Community Nursing Prayer and Care Ministry
11:30 AM – 1:30 PM Elim Care Corporate Office – 7485 Office Ridge Circle, Eden Prairie,
Lunch provided, followed by a time of fellowship and ministry sharing

June 2nd – Saturday, *Caring for a Person with Memory Loss* conference 8AM to 4:30PM
in the Hubert H. Humphrey Conference Center at the University of Minnesota

Faith Community Nursing News to Share

Twin Cities Nurses Christian Fellowship (NCF) Celebrates National Nurses Week:

Nurses have countless opportunities to share their knowledge and skills, investigate new patient-care strategies, and create healthy work places. You *all* are invited to come together for a unique celebration of National Nurses Week (May 6-12) before it begins. Anticipate how God will meet us, encourage us personally and empower us to make a difference in nursing! Participants will 1) Discuss how Jesus inspired, innovated and influenced people to address health care issues 2) Participate in a *Concert of Prayer* -- worship, and intercession for one another and nursing & healthcare challenges. This group will gather from 6:30-8:30 pm for a soup supper, discussion and prayer on Tuesday, May 1st at Stadium Village Church: 501 Oak Street SE, Minneapolis, MN 55441. RSVP to Margaret at margarettaylor226@comcast.net

May 9-Emerging Technology and Its Impact on Nursing Practice: This is a free Webinar provided by the American Nurses Association in honor of National Nurses Week. Technology in healthcare is continually evolving. What is coming down the pike? What does the future of nursing look like? What do nurses need to know to adapt? Register now for [Emerging Technology and Its Impact on Nursing Practice!](#) The FREE webinar is Wednesday, May 9 at 12:00 noon CST—registration closes May 8. The ANA will award 1 contact hour for participation. Register at:
<https://www.nursingworld.org/continuing-education/webinars/emerging-technology-and-its-impact-on-nursing-practice-free-webinar/>

Beginning April 2018, the Centers for Medicare and Medicaid Services will be sending [new Medicare cards](#) to beneficiaries. The new cards are being sent to decrease Medicare beneficiaries' vulnerability to [identity theft](#) by removing the Social Security-based number from their Medicare identification cards and replacing it with a new unique Medicare Number. Here's what you need to know before they arrive. Share with your Seniors groups!

1. Medicare cards will be [sent between April 2018 and April 2019](#). Make sure your address is up to date because Medicare will be sending it to the location associated with your Social Security account. To update your address information contact Social Security at 1-800-772-1213 or go [online](#).
2. Your new card will no longer include your Social Security number. It will include your name, new Medicare number, and the dates your Medicare Part A and Part B coverage started.
3. Start using your new Medicare card once you receive it. Destroy the old one immediately, since it contains your Social Security number. If you happen to lose or misplace your card you can get a [replacement](#), but you can also access your new Medicare number on a Medicare Summary Notice or through [Medicare](#).
4. Keep your [Medicare Advantage](#), [Part D prescription](#), and/or [Medigap](#). Continue using your health or drug plan's card when you get health care or fill a prescription, but know you will also get the new [Original Medicare](#) card.
5. The [Railroad Retirement Board](#) will issue new cards to Railroad Retirement beneficiaries.

Surgeon General's Naloxone Advisory Fuels Passionate Debate The [recent advisory](#) from US Surgeon General Jerome M. Adams, MD, urging more Americans to routinely carry the opioid overdose reversal agent naloxone has generated strong opinions among the medical community both for and against it. Read the full Medscape article here:

https://www.medscape.com/viewarticle/895149?nlid=121818_4622&src=WNL_mdplsnews_180413_mscpedit_nurs&uac=260577AN&spon=24&impID=1606776&faf=1

There was some discussion among FCNs on the Westberg sharing platform as well.

Faith Community Nurse RESOURCES

Faith Community Nursing Basic Preparation Courses

The **mission of parish nursing** is the intentional integration of the practice of faith with the practice of nursing so that people can achieve wholeness in, with, and through the community of faith in which parish nurses serve. (Developed at the 2000 Westberg Symposium).

ELIM Care's Foundations for Faith Community Nursing

12 week Online Course

September 5th – November 21st, 2018

This course explores the specialty practice of Faith Community Nursing which combines professional nursing and health ministry, emphasizing health and healing within the faith community and the larger community. It offers registered nurses with a strong spiritual faith the knowledge to implement and facilitate a Faith Community Nursing ministry, as well as practical opportunity to apply learning from the course to the dynamic nature of their faith community and its particular needs. During this course students need not be online at specific times. Assignments have due dates, and within the boundaries of assignment due dates you are free to complete them according to your schedule. This course is derived from the curriculum endorsed by the Westberg Institute for Faith Community Nursing and is led by Shelly Rock, RN, MSN, FCN Coordinator and Westberg trained Educator.

40.5 CEU's for Registered Nurses. Course Cost is \$300

To Learn More Go To: <https://www.grow2serve.com/fcncourse>

Sanford Health

The Sanford Health Foundations of Faith Community Nursing course starts with a weekend retreat at Living Waters Retreat Center at Lake Poinsett SD on September 14-15. On-line classes are then held every Monday evening from 5:50-9:00 p.m. from September 17-November 19. The cost of \$300 for Sanford nurses or \$390 for non-Sanford participants covers the cost of the retreat and all course materials. Registration deadline is July 1, 2018. Contact Karla at karla.cazer@sanfordhealth.org for more information.

Developing an Emergency Operations Plan

Every church is different, so no single plan will work for everyone. Such a plan may not seem urgent today, but a good Emergency Operations Plan (EOP) will help you minister more effectively when the unexpected happens. **Attached is a resource** shared by Texas Baptists from a recent teleconference on Emergency planning

May is National Physical Fitness and Sports Month!

We can use this month to raise awareness about the benefits of physical activity — and spread the word about fun ways to get moving! Encourage families to make small changes, like taking a walk after dinner or going for a bike ride

May is Melanoma/Skin Cancer Detection and Prevention Month!

Help others take steps to prevent skin cancer. Protecting our skin today may help prevent skin cancer later in life. Most skin cancer appears after age 50, but skin damage from the sun can start during childhood.

The best way to prevent skin cancer is to protect your skin from the sun and other sources of ultraviolet (UV) rays.

-) Stay in the shade as much as possible between 10 a.m. and 4 p.m.
-) Use sunscreen with SPF 15 or higher.
-) Cover up with long sleeves, long pants or a skirt, a hat, and sunglasses.
-) Avoid indoor tanning.

 **May is full of loveliness!**

“Enjoy the little things, for one day you may look back and realize they were the big things.”
(Robert Brault)

Helping you to help others,

Joanne