



Verse of the Week:

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life. – Psalm 143:8 NIV

In [5 Minutes with Jesus](#) Sheila Walsh shares, “The moment I awake, I say Psalm 143:8 (NIV) to myself... It’s become a great way to start a day:

Let the morning bring me word of your unfailing love,
My love will fall and fail, but God’s love never will.

for I have placed my trust in you.

The psalmist is very intentional here: trusting God is an act of the will.

Show me the way I should go,

I pray, “Show me, Father, which way I should go today.”

for to you I entrust my life.

I say, “My life is Yours, Lord, and I trust You with everything.”

Then I pray these simple words:

“Good morning, Lord! I don’t know where You are going today, but wherever You’re going I’m comin’ with You!”

A good way to start the day every single day is to declare the Word of God and thank Him for it.” A good way to start out the New Year!

Faith Community Nurses Share

- **Questions and Knowledge**

In the article, “Moving Toward a Virtual Knowledge Platform for Faith Community Nurses”, Deborah Ziebarth, PhD, MSN Ed, RN-BC FCN and Carson Hunter, BA, make the

following statements: “The Church HealthCenter, which houses the Westberg Institute of Faith Community Nursing (previously called the International Parish Nurse Resource Center) in Memphis, TN, surveyed more than 100 FCNs in focus groups and individual interviews and published a report, “Faith Community Nursing Knowledge Sharing Platform.” The most important qualities regarding a virtual knowledge platform for FCNs were (1) communicate and share resources on an individual and group level, both nationally and internationally, (2) translate the value (outcomes) of faith community nursing to health systems and congregations to maintain, support, and attract new nurses to the profession, and (3) support one another by sharing health knowledge and best practices, along with encouragement...Working outside healthcare institutions, in the community, presents several challenges. Improvement in quality care for those practicing in the community may be achieved by increasing interdisciplinary communication and providing resources to advance the skills and knowledge of healthcare providers...”

The Westberg Institute for Faith Community Nursing now supports an online knowledge sharing platform called “Yammer”. This Platform connects nurses globally on wide array of healthcare topics. There are specific groups, where questions, responses and resources are posted, and you may join any that are of interest to you. One group is Midwest FCNs with 48 current members. **If you are interested in joining this group on Yammer, please send me an email (joanne.hall@elimcare.org) and I will send you an invitation to join. No obligations and you control the number of emails you receive!**

- **Mary Martin, RN, FCN Coordinator for Rural Faith Community Nurse Network and Oxlip Evangelical Free Church shares:** Pam D’Andre and Fr. Nikolay will be in Minnesota Feb 1-5th, talking to supporters of Pam’s ministry and about Logos Center in Kiev. They want to meet with groups that are interested in partnering with them, and supporting them in various ways. Mary is setting up meetings for them, so let us know if you would be interested.

Upcoming Events and Workshops:

- **“Powerful Tools for Caregivers”- Starts January 16, 2017 (flyer attached)**
 - Monday afternoons 1:30pm-3:30-pm; Jan. 16-Feb. 20
 - Trinity E Free Church, 10658 210th St. W. Lakeville, MN 55044
 - offered by Elim Care Faith Community Nursing Co - Facilitated by: Marcia Flom, RN, FCN, Eileen Weber, RN, FCN and Marilyn Banks, RN, FCN

- **ELIM CARE FAITH COMMUNITY NURSING PRAYER AND CARE MINISTRY**

- Monthly Meeting-
- Discussion Topic: How to Plan a “Service of Remembrance” presented by Beth Moorehead and Dee Sandberg from Wayzata EFC
- Wednesday, January, 25, 2017
- 11:00 AM – 1:30 PM
- Elim Care Corporate Office – 7485 Office Ridge Circle, Eden Prairie, MN. 55344

- **2nd Annual North Central District Church Security Summit**

- **Faith Community Nurses should consider attending this workshop!**
Attached is a template for developing Emergency Procedures for your church.
- Saturday, **February 18th, from 9 am to 4 pm** at Constance EFC, 16150 Crosstown Blvd, Andover, MN 55304.
- The North Central District Office and Constance EFC would like to invite you to attend our second Annual **Church Security Summit**. There will be **experts on mental health challenges and solutions, starting volunteer security teams from the ground up, make recommendations on helpful technology and other exciting principles of this very necessary ministry.**

Resources

<https://medlineplus.gov/>

Some online health information is reliable and up to date, some not. How can you tell the good from the bad? If you use the web, look for an “about us” page. Check to see who runs the site. Focus on quality. Be skeptical. Things that sound too good to be true often are. You want current, unbiased information based on research. Quite often, the best information is found at [MedlinePlus.gov](https://medlineplus.gov/), the National Institute of Health’s website for patients and their families. Follow these 7 steps: <https://medlineplus.gov/magazine/issues/fall16/articles/fall16pg24-27.html>

<http://www.churchhealthcenter.org/>

Taken from the Church Health Reader

The holiday season can be the most uplifting and challenging time of the year for all of us. This is particularly the case for people who are homebound or otherwise unable to attend church, visit

their friends or see their families. When it comes to ministering to the homebound, our intentions are wonderful. The holiday season is certainly an important time to remember those whom we may have forgotten. However, here are some ways you can remember, honor and minister to the homebound throughout the year:

Secret Pals

Start a Secret Pals group for homebound people. Each person in your church would be paired with a member who is homebound. Church members can send gifts, letters, or just visit with them each month.

Help with the chores

Many homebound people are unable to care for basic necessities in the home. When you go to visit, be sure to take some light bulbs, toilet paper, paper towels and all-purpose cleaner to help keep things clean and functional in their homes. Get together a group of handy people who can make structural repairs, and make sure that people have functional ramps, handle bars or other equipment to help keep them safe in their homes.

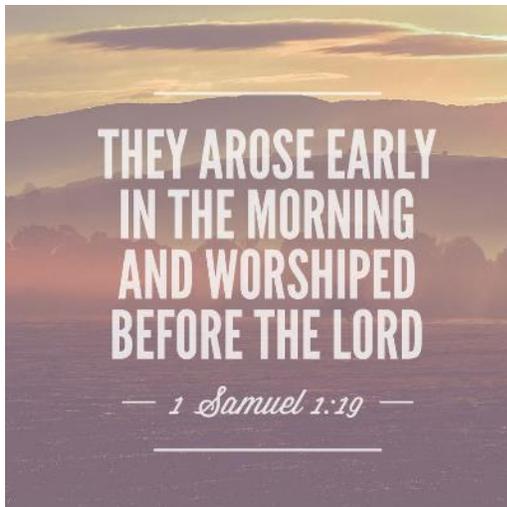
Cards

Send them cards at unexpected times. Have children and artistic adults make the cards. For those who are not artistic, they can be “pen-pals.”

Communion

Most homebound people do not receive communion. Select someone or a group of people to take communion to homebound persons once a month

Thought for the Day:



Helping You to Help Others

The **mission of parish nursing** is the intentional integration of the practice of faith with the practice of nursing so that people can achieve wholeness in, with, and through the community of faith in which parish nurses serve. (Developed at the 2000 Westberg Symposium).

As another New Year approaches, I wish you all faith, strength and peace to face each new day!

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